

# ACTIVITIES TO KEEP EVERY 4-HER BUSY WHILE THEY ARE LEARNING FROM HOME.

## VIRTUAL FIELD TRIPS

Let your imagination soar as you explore a multitude of amazing places and learn about a host of life experiences without ever leaving your favorite comfy spot.

**Discovery Education** - <https://www.discoveryeducation.com/community/virtual-field-trips/>

**Smithsonian Museum of Natural History** - <https://naturalhistory.si.edu/visit/virtual-tour>

**San Diego Zoo Kids** - <https://kids.sandiegozoo.org/>

**The Louvre Museum** - <https://www.louvre.fr/en/visites-en-ligne>

**Metropolitan Museum of Art** - <https://artsandculture.google.com/partner/the-metropolitan-museum-of-art>

**The Smithsonian** - <https://www.si.edu/learn-explore>

**Visit Cities Around the World** - <https://www.360cities.net/>

**Mars** - <https://accessmars.withgoogle.com/>

**Ellis Island** - <http://teacher.scholastic.com/activities/immigration/webcast.htm>

**National Zoo in Washington, DC** - <https://nationalzoo.si.edu/webcams>

**Virtual Farm Tour** - <https://www.farmfood360.ca/>

**US National Parks** - <https://earth.google.com/web/@34.7325599,-94.20828246,-64.24476294a,12000000d,35y,0h,0t,0r/data=Ci0SKxlgMzVhNjc1YmQONjVjMTFIOTg0Yjg1NTMyNWRjMDk2MzQzveV90b2M>

**Buckingham Palace** - <https://www.royal.uk/virtual-tours-buckingham-palace>

## 4-H STEM

Explore science through many hands-on fun activities. Discover new ways to experience the world around us through these experiential learning opportunities for kids of all ages.

**4-H STEM Lab** - <https://4-h.org/parents/stem-agriculture/youth-stem-activities/>

**4-H Healthy Living Activity Guide** - <https://4-h.org/about/inspire-kids-to-do/>

**Mystery Science** - <https://mysteryscience.com/school-closure-planning>

**Computer Science** - <https://code.org/>

**4-H Kids Guide to Mindfulness** - <https://4-h.org/about/blog/inspire-kids-to-do-kids-guide-to-mindfulness/>

**National Science Teacher Association** - <https://www.nsta.org/default.aspx>

**Animal Science Anywhere** - [https://www.canr.msu.edu/resources/4\\_h\\_animal\\_science\\_anywhere](https://www.canr.msu.edu/resources/4_h_animal_science_anywhere)

**Zoonotic Disease Activities** - [https://www.canr.msu.edu/resources/zoonotic\\_disease](https://www.canr.msu.edu/resources/zoonotic_disease)

**4-H Horse Activities** - <http://animalscience.uconn.edu/equine/equine-4h-extension.php>

**Utah 4-H Discover Activity Guides** - <https://utah4h.org/discover/>

## 4-H STEM (CONT)

**National Agriculture in the Classroom** - <https://www.agclassroom.org/>

**4-H Afterschool Agriculture** - <https://4-h.org/parents/curriculum/afterschool-agriculture/>

**American Farm Bureau Free Resources** - <https://www.agfoundation.org/free-resources/>

**My American Farm** - <http://www.myamericanfarm.org/>

**EPA Environmental Education for Students** - <https://www.epa.gov/students>

**NASA Kids Club** - <https://www.nasa.gov/kidsclub/index.html>

**WSU 4-H Learning Links** - <https://extension.wsu.edu/king/learning-links-4-h-and-more/>

## HISTORY & CIVIC ENGAGEMENT

Explore ancient worlds and cultures. Learn how people lived then and now. Explore what it means to be a citizen today and how we are all called to make a difference in our neighborhood, town and throughout the world.

**History of Agriculture** - <https://growinganation.org/>

**Ancient Rome: A Virtual Tour** - [https://www.futurelearn.com/courses/rome?utm\\_campaign=university\\_of\\_reading\\_rome\\_march\\_2017&utm\\_medium=organic\\_press&utm\\_source=press](https://www.futurelearn.com/courses/rome?utm_campaign=university_of_reading_rome_march_2017&utm_medium=organic_press&utm_source=press)

**The Interactive Constitution** - <https://constitutioncenter.org/interactive-constitution>

**Discovering Ancient Egypt** - <https://discoveringegypt.com/>

**Ellis Island Stories of Immigration** - <http://teacher.scholastic.com/activities/immigration/tour/>

**US Holocaust Memorial Museum** - <https://www.ushmm.org/search/results/?q=virtual+tours>

**Civic Education Games for Kids** - <https://www.icivics.org/games>

**Library of Congress KidCitizen Program** - <https://www.kidcitizen.net/>

**Kahn Academy US Government & Civics** - <https://www.khanacademy.org/humanities/us-government-and-civics>

**Library of Congress Day in History** - <https://www.loc.gov/item/today-in-history/>

## HEALTHY LIFESTYLE

Whether it is healthy eating, exercise for our bodies or good choices for emotional health, taking care of ourselves is super important during our current health crisis. Here are some great resources for your continued good health.

**Healthy Eating, Healthy Kids** - <https://www.healthyeating.org/Healthy-Kids/Kids-Games-Activities>

**Staying Healthy: Nutrition & Physical Activity** - <https://www.virtuallabschool.org/school-age/healthy-environments/lesson-5>

**USDA Choose My Plate** - <https://www.choosemyplate.gov/browse-by-audience/view-all-audiences/children/kids>

**Healthy Habits Games** - <https://pbskids.org/games/healthy-habits/>

**USDA Kids Corner** - <https://www.nutrition.gov/topics/audience/children/kids-corner>

**Kids Fun Food Games** - <http://www.nourishinteractive.com/kids>

**Exercise Games for Kids** - <https://mommypoppins.com/newyorkcitykids/25-exercise-games-indoor-activities-for-kids>